



Complete Guide to Simulation & Stimulation

Simulation & Stimulation is a semi-permanent beauty procedure whose effects will last for a long period. This guide will provide you with comprehensive advice from preparation to long-term maintenance, ensuring you get satisfactory and long-lasting Simulation & Stimulation results.

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Before Simulation & Stimulation: Choose Us – Quality Institution and In-depth Communication



Choose an Institution with Professional Qualifications

Make sure to choose a Simulation & Stimulation institution that has professional qualifications and a good reputation in the industry - Dr. Steven Goh. Check all their success cases, learn about Simulation & Stimulation results for different clients, and refer to customer reviews for authentic service feedback.



Communicate In-depth with Simulation & Stimulation Experts

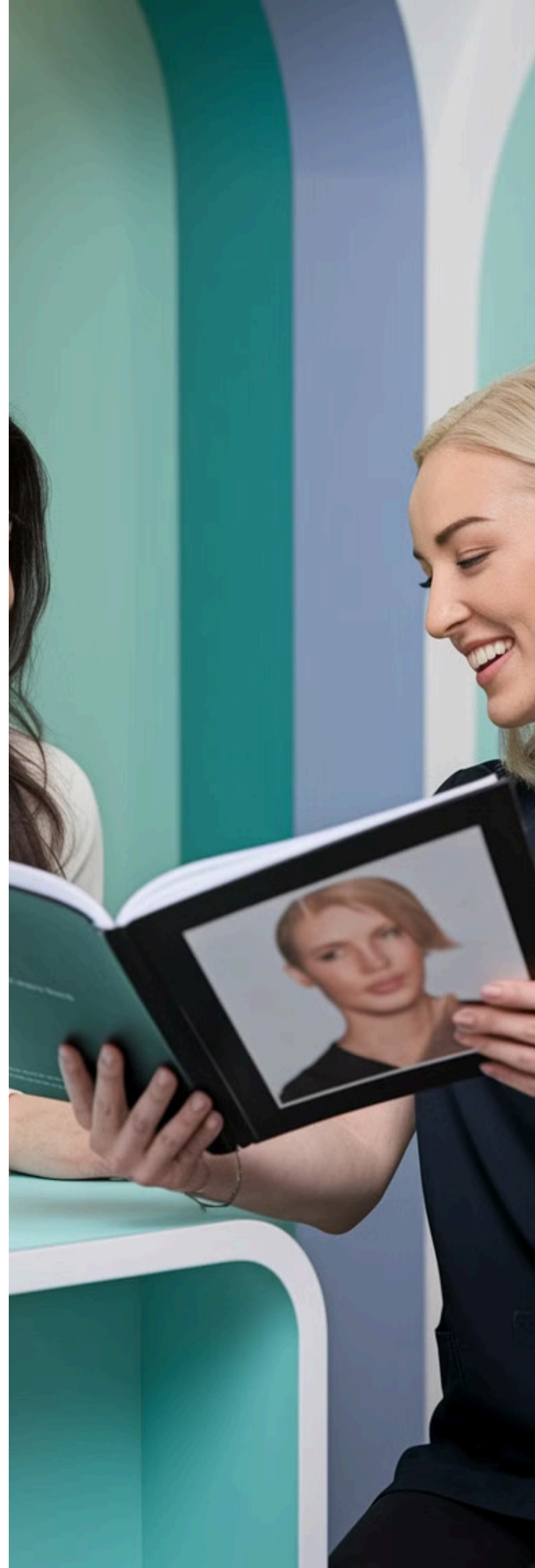
Specify the hair color you desire with precision, down to the depth of color; determine the hair density, whether you're looking for natural thickness or moderate sparseness; and outline the ideal hairline, such as the shape and style of the hairline.



Understanding Possible Conditions You May Face

Understand thoroughly and avoid various conditions that may be encountered during and after the Simulation & Stimulation procedure, during follow-up care, such as allergies to materials, the level of needle sensation during the procedure, and possible discomfort symptoms like redness and itching on the scalp.

Choosing the right institution and adequate communication are keys to achieving satisfactory Simulation & Stimulation results. Different institutions have different technical levels and service quality, and each client has different scalp conditions and aesthetic needs. Through in-depth communication with a Simulation & Stimulation expert, they can customize a Simulation & Stimulation plan specifically for you based on your unique needs, ensuring the final result looks natural and matches your overall appearance.





Before Simulation & Stimulation: Disclose Your Health Conditions Honestly

Scalp Skin Diseases

Provide detailed information about whether you have any scalp skin diseases, such as seborrheic dermatitis or ringworm. These conditions can affect the micro-environment of the scalp, which may increase the risk of infection during the Simulation & Stimulation process, or affect the effectiveness of adherence.

History of Skin Allergies

If you have a history of skin allergies, including allergies to common materials such as metals or cosmetics, this needs to be disclosed. Although the materials used in Simulation & Stimulation have been certified safe by KKM NPRA, there may be certain components that could trigger allergic reactions.

Immune System Diseases

Patients with immune system diseases may have different immune responses than normal individuals, which can affect recovery after Simulation & Stimulation.

Medication Intake

Medications currently being taken should also be reported in detail. Some medications, such as anticoagulants (aspirin, warfarin) or health supplements (fish oil, vitamin E), can affect blood clotting function or worsen allergic reactions. These medications should be discontinued one week before Simulation & Stimulation.

Informing your Simulation & Stimulation specialist about your health conditions is to ensure that the process runs smoothly and safely, as well as to maximize your comfort experience. After understanding your health information, the specialist can customize the Simulation & Stimulation method according to your condition, reducing any risks, and ensuring you feel comfortable during the process and experience faster recovery afterward.

Health Assessment Before Simulation & Stimulation

Assessment Item	Importance	Recommendation
Scalp Skin Disease	High	Perform Simulation & Stimulation after recovery
Allergy History	High	Inform the Simulation & Stimulation specialist beforehand
Immune System Disease	Moderate	Requires in-depth consultation
Medication Intake	Moderate	Stop blood thinners 1 week before
Scalp Condition	High	Ensure no damage or inflammation

A comprehensive health assessment before Simulation & Stimulation is an important step to ensure the safety and effectiveness of the procedure. Through assessment of your scalp skin disease, allergy history, immune system condition, medication intake, and scalp condition, the Simulation & Stimulation specialist can design the most suitable method for you, reducing the risk of complications and improving the effectiveness of the procedure.



Before Simulation & Stimulation: Building Mental Preparation



Understanding Semi-Permanent Nature

Simulation & Stimulation is a semi-permanent beauty procedure, with effects that last for a long period of time, so you need to make adequate mental preparations before undergoing it.



Accepting Appearance Changes

Imagine and accept the appearance changes that may occur after Simulation & Stimulation, and view these changes from a positive perspective.



Recognizing Positive Effects

Understand the positive effects it will bring to you, such as increasing self-confidence, improving your image and so on.

Having clear mental expectations beforehand can help you adapt to your new image after Simulation & Stimulation more quickly, accepting and loving your new hairstyle from the heart. Changes after Simulation & Stimulation will typically make you look more vibrant and energetic. Making mental preparations beforehand allows you to face this image enhancement with a more positive attitude, fully enjoying the confidence and happiness brought by Simulation & Stimulation.



3 Days Before Simulation & Stimulation: Food Restrictions

Avoid Alcohol

Starting 3 days before Simulation & Stimulation, strictly avoid alcoholic beverages. Alcohol can interfere with the body's blood clotting function. During the Simulation & Stimulation process, small wounds require normal blood clotting mechanisms to promote healing. Alcohol consumption can lead to increased bleeding and slow healing, which is not good for wound recovery during the Simulation & Stimulation process.

Avoid Caffeine

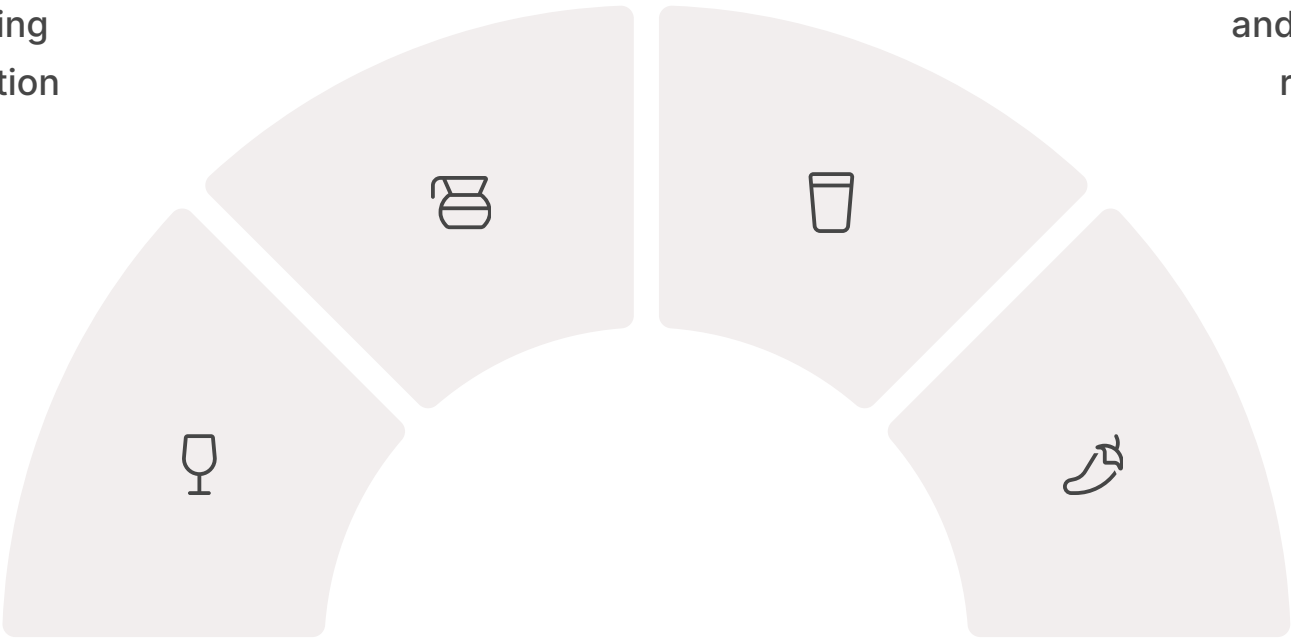
Avoid beverages containing caffeine such as coffee, tea, and foods containing caffeine. Caffeine has a stimulating effect on the nervous system that can interfere with the effectiveness of the lidocaine soothing cream and prevent it from effectively relieving the sensation of pricking during the Simulation & Stimulation process.

Avoid Milk

Avoid drinking milk. Although milk itself does not directly affect Simulation & Stimulation, some people may experience stomach discomfort when drinking milk on an empty stomach or in a nervous state, which can affect the Simulation & Stimulation experience.

Avoid Spicy Foods

Maintain a light diet and avoid spicy, oily, and stimulating foods. These foods can easily stimulate the scalp, causing abnormal scalp oil secretion, worsening discomfort after Simulation & Stimulation, and potentially affecting the results of Simulation & Stimulation.



Adhering to these food restrictions allows you to be in optimal condition on the day of Simulation & Stimulation. A light diet can reduce body burden and avoid scalp and body discomfort caused by food stimulation, making the entire Simulation & Stimulation process feel like a relaxing and enjoyable beauty treatment.

3 Days Before Simulation & Stimulation: Ensuring Food and Sleep

Full Stomach Condition

2-3 hours before Simulation & Stimulation, you must eat breakfast, lunch or dinner, to ensure your stomach is in a full condition, avoiding body discomfort such as low blood sugar levels caused by undergoing Simulation & Stimulation on an empty stomach.

Low blood sugar levels can cause dizziness, fatigue, palpitations and more, which will not only affect the smoothness of the Simulation & Stimulation process, but will also make you feel very uncomfortable.

Sufficient sleep allows your body to fully rest and recover, enhances immunity and body tolerance, maximizes the effect of the soothing cream, and makes the entire Simulation & Stimulation process feel like a relaxing and pleasant beauty treatment.

Sufficient Sleep

For 3 consecutive days before Simulation & Stimulation, ensure sufficient sleep, at least 8-10 hours of high-quality sleep each night.

Good sleep helps maintain the body in a better condition, stabilizes various bodily functions, helps lidocaine soothing cream work better, and also allows you to stay calm during the Simulation & Stimulation process, cooperating better with the technician.

3 Days Before Simulation & Stimulation: Reminders For Women's Special Periods

Menstruation Period

During menstruation, blood clotting function in a woman's body changes, platelet counts and clotting factor activity change, which may cause increased bleeding. In the Simulation & Stimulation process, blood clotting and wound healing may be affected.

Pregnancy Period

During pregnancy, hormone levels in a woman's body change drastically, which may affect the results of Simulation & Stimulation, such as unusual absorption and metabolism of components, causing uneven color or rapid fading; at the same time, body immunity may also decrease, becoming more sensitive to products used in the Simulation & Stimulation process, and may experience allergic reactions.

Breastfeeding Period

During the breastfeeding period, hormone levels in a woman's body change drastically, which may affect the results of Simulation & Stimulation, such as unusual absorption and metabolism of components, causing uneven color or rapid fading; at the same time, body immunity may also decrease, becoming more sensitive to products used in the Simulation & Stimulation process, and may experience allergic reactions, and may also affect self-recovery.

Female clients who are in menstruation, pregnancy or breastfeeding periods may face additional conditions during Simulation & Stimulation. It is recommended for women in these special periods to inform the Simulation & Stimulation specialist beforehand, and carefully consider whether to change the date. Early communication about special period conditions is to ensure you enjoy the Simulation & Stimulation service at the most appropriate time. Simulation & Stimulation specialists can provide professional advice based on your physical condition, plan the best Simulation & Stimulation schedule, ensuring the effects of Simulation & Stimulation and your comfort, while guaranteeing your health and safety and that of your baby in the womb (if pregnant) or baby (if breastfeeding).



3 Days Before Simulation & Stimulation: Special Condition Notification



Planning for MRI Examination

If you are planning to undergo an MRI (Magnetic Resonance Imaging) examination in the near future, we recommend doing it two months after Simulation & Stimulation, and please inform us in advance.



Potential Effects

Since the minimally invasive Simulation & Stimulation procedure requires two months before it is suitable to perform an MRI, this can avoid discomfort during the process, as well as interference with MRI imaging that can cause false or blurred images, thus affecting the accuracy of the doctor's diagnosis.



Recommendations to Follow

To ensure the accuracy of your examination results and your health safety, please follow these recommendations.

These recommendations are to ensure the accuracy of your health examination results, as well as to avoid any potential effects of the examination on the Simulation & Stimulation results. We hope that your Simulation & Stimulation and other medical plans can be coordinated perfectly, without interference with each other, allowing you to achieve beauty while understanding your health condition accurately and up-to-date.



1 Day Before Simulation & Stimulation: Hair Preparation



Gentle Washing

You are recommended to clean your hair with a gentle silicon-free shampoo one day before Simulation & Stimulation. During washing, your movements should be gentle, use your fingertips to massage the scalp gently, avoid using nails to scratch the scalp excessively to prevent minor damage to the scalp.



Adequate Drying

After washing, you can let your hair dry naturally to maintain the health of your hair in its natural state. If time is limited, you can also dry your hair with a hair dryer on low heat, low temperature can reduce damage to the hair and scalp.



Ensure Cleanliness

Remember, it is important to ensure there are no residues on the scalp. Minor damage will impair the barrier function of the scalp, increasing the risk of infection during Simulation & Stimulation, such as bacterial infections that cause scalp inflammation, swelling, pain and so on.

Maintaining hair cleanliness is to facilitate the Simulation & Stimulation process, ensuring materials can adhere uniformly, thus making the effects of Simulation & Stimulation more brilliant. Gentle washing can protect the health of the scalp, ensuring the scalp is in optimal condition to receive Simulation & Stimulation, and reducing adverse effects caused by scalp problems.





1 Hour Before Simulation & Stimulation: Instructions for Using Numbing Cream

Purpose

During the Simulation & Stimulation process, we will use lidocaine numbing cream externally, aimed at ensuring you feel comfortable during the procedure, and reducing discomfort during Simulation & Stimulation.

Precautions

To ensure this numbing cream works effectively, please strictly adhere to the dietary and rest requirements stated above.

Allergy Reminder

If you have a history of allergies to lidocaine numbing cream, please inform the Simulation & Stimulation technician beforehand. Allergies may cause symptoms such as redness and swelling of the scalp, severe itching, and skin rash.

Resolution Steps

If allergy symptoms occur, the Simulation & Stimulation technician will immediately take appropriate measures, such as reducing or stopping the use of numbing cream.

The use of numbing cream is to ensure you do not experience discomfort during the Simulation & Stimulation process, allowing you to enjoy a comfortable experience. Informing about allergy history beforehand enables the Simulation & Stimulation technician to make early preparations, choose suitable alternatives or take preventive measures, ensuring you undergo Simulation & Stimulation in a comfortable and safe environment.

Simulation & Stimulation Day: Items to Bring

Identification Documents

On the day of Simulation & Stimulation, please bring your identification documents, as they are important proof for identity verification and registration.

Bringing your identification card allows the service process to run more efficiently, the institution can verify your personal information quickly and accurately, build a complete service record for you, and ensure the Simulation & Stimulation service runs smoothly.

Avoid delays because of forgotten documents, which can cause the Simulation & Stimulation service to not start on schedule and affect your planning. At the same time, avoid negative effects on the procedure experience due to unsuitable clothing, so that you can begin your Simulation & Stimulation journey on time and comfortably.

Appropriate Clothing

At the same time, you are recommended to wear dark-colored clothing (black is encouraged) that has an open and loose collar, to make it easy to change positions during the Simulation & Stimulation process, and avoid discomfort caused by clothing that is too tight or collars that are too small which restrict head movement.

Wearing loose clothing with an open collar allows you to be more comfortable during Simulation & Stimulation, reduces difficulties due to clothing constraints during the long process, and helps you to feel more relaxed.

Simulation & Stimulation

Day: Operational Stages

1

Time Allocation

Simulation & Stimulation operations are expected to take 3 - 5 hours, the specific duration depends on the size of the Simulation & Stimulation area.

2

Rest Time

During the operation process, every 30-45 minutes you can rest for 25 minutes to reduce fatigue due to maintaining the same position for a long period.

3

Relief Measures

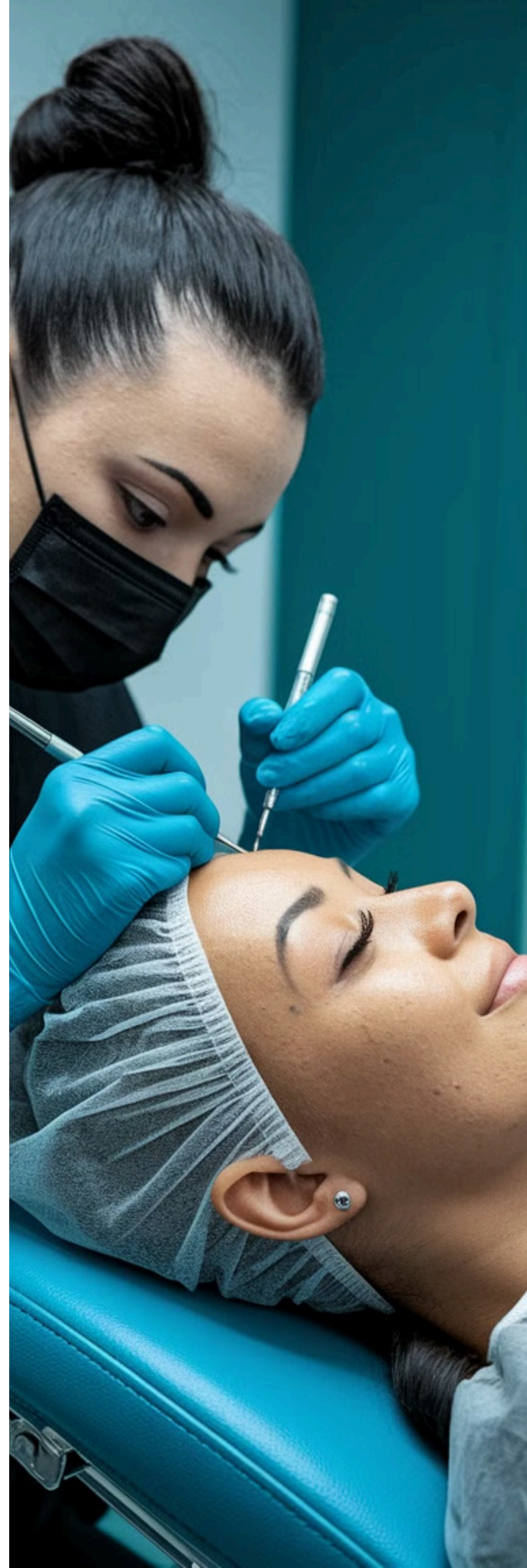
The Simulation & Stimulation specialist will apply soothing cream 3 times to continuously reduce your sensation of pricking.

4

Pain Management

If you feel that the pain level exceeds 6/10 (full score 10, 6 marks indicate significant pain), you should immediately inform the Simulation & Stimulation specialist, and they will promptly stop the operation and take temporary measures such as adding soothing cream or allowing you to rest for a while.

Reasonable planning of operation and rest times enables you to maintain good condition during the Simulation & Stimulation process, avoiding discomfort due to fatigue and pain for extended periods. Adding soothing cream at the right time and taking various steps to overcome pain demonstrates concern for your comfort, ensuring that you can complete the Simulation & Stimulation as easily as possible while prioritizing safety. During this process, non-woven medical fabric is used to absorb tissue fluid, keeping the operation area clean, providing a good environment for the Simulation & Stimulation operation, and preventing tissue fluid from affecting component adhesion and operation accuracy.





Comfort Management During Simulation & Stimulation

3-5

Operation Hours

Depending on the size of Simulation & Stimulation area

25

Minutes of Rest

After every 30-45 minutes of operation

3

Frequency of Soothing Cream

Periodic application to reduce needle sensation

6/10

Pain Level

Notify the specialist immediately if exceeded

Comfort management during the Simulation & Stimulation process is key to ensuring you have a positive experience. Through proper operation time planning, providing adequate rest, repeated application of soothing cream, and addressing pain promptly, Simulation & Stimulation specialists can reduce your discomfort, allowing you to complete the procedure in a relaxed and enjoyable atmosphere. Remember, communicating your feelings accurately is essential to adjust the operation method and enhance your comfort.

Immediate Care After Procedure



Cleansing with Saline Solution

After Simulation & Stimulation is completed, you can clean with saline solution, which can also form a protective layer on the scalp surface, effectively preventing bacterial growth and reducing the risk of infection.



Protection with Sterile Gauze

Then use sterile gauze for protection, preventing external contaminants from touching the Simulation & Stimulation area.



Keep Head Upright

Keep your head in an upright position for 30 minutes, this can promote blood circulation to the scalp, reduce the occurrence of bruising and swelling, and help wound healing.



Get Care Package

Before leaving the clinic, get a care package that should contain healing cream, care video/manual sent via email and other essential care products.

Immediate care is an important step to ensure the effects of Simulation & Stimulation and scalp health. Saline solution and sterile gauze can effectively protect wounds, preventing infection; maintaining an upright head helps recovery; items in the care package allow you to continue proper care after returning home, promoting quick scalp recovery, and showing the best effects of Simulation & Stimulation.





Phase 1: 0 – 5 days (Acute Phase)



Cleaning with Saline Solution

Every 2 hours, clean the scalp vertically with saline solution, being careful not to rub. Friction can damage the small wounds that have just formed after Simulation & Stimulation, causing pigment loss, bleeding or infection.



Sleeping Position

When sleeping, place sterile gauze and a clean black towel under the head, avoid pressing the scalp to the side. Side pressure can cause the Simulation & Stimulation area to be compressed, affecting the uniform distribution of black pigment and wound healing.



Cold Treatment

If mild redness and swelling occur, this is normal, this is the body's typical inflammatory response to the Simulation & Stimulation procedure. You can use cold treatment, not exceeding 5 minutes at a time. Cold treatment can constrict blood vessels, reduce redness and pain, but too long can interfere with local blood circulation and affect recovery.

In the acute phase, the scalp is in its most vulnerable condition. These care measures can minimize the stimulation of external factors on the scalp, protect the wound, promote healing, allow the effects of Simulation & Stimulation to stabilize more quickly, and avoid problems such as infection or loss of black pigment due to improper care.

Stage Two: 4 – 7 Days (Crust Period)



Do Not Scratch The Crust

Forceful scratching will cause 30% - 40% pigment loss



Apply a Thin Layer of Recovery Cream at Night

Recovery cream contains soothing ingredients that can effectively relieve itching



Wash The Next Morning

Avoid leaving recovery cream on for too long as it may cause bacterial growth

The crust period is an important stage where the effects of Simulation & Stimulation gradually form. Following these precautions will ensure that the crust falls off naturally and the pigment adheres stably, preventing damage to the Simulation & Stimulation effect due to human factors. At this time, the color will appear 30% - 40% darker, this is a temporary phenomenon caused by the oxidation of the black factor and the closure of the crust. When the crust falls off, the color will gradually return to normal effect. Understanding the reason for color changes can help you prepare psychologically and avoid anxiety caused by unusual colors.

Stage 3: 8 – 14 days (Peeling Period)

Special Shampoo

Starting from day 8, use special shampoo (such as Dr. M Shampoo) for cleansing

Dry With Cool Air

When using a hair dryer, use cool mode with a distance of at least 20cm from the scalp



Gentle Massage

Use fingertips to apply foam gently on the scalp, massage for 2 - 3 minutes

Rinse Thoroughly

Rinse with lukewarm water until clean, ensure no shampoo residue remains

At this stage, your scalp is gradually healing. Proper cleaning and care methods can promote natural scab shedding, ensuring a clean and healthy scalp, making the Simulation & Stimulation effect more natural and long-lasting. If you have purchased the 6 in 1 or 8 in 1 oral hair growth medication, you can start taking it on day 8.

Stage 4: 15 – 30 days (Stability Period)

Color Changes

The color gradually fades to 60%-70% of the final effect, this is a normal fading process, and over time, the color will become completely stable in approximately 6 weeks.

Understanding the pattern of color changes allows you to have more accurate expectations of the Simulation & Stimulation effect, avoiding unnecessary concerns caused by color changes.

Avoid taking measures blindly due to not understanding color changes, such as coloring your hair yourself, which can damage the Simulation & Stimulation effect and scalp condition. Performing additional color adjustments at the appropriate time can prevent less than ideal effects that can affect appearance and self-confidence.

Additional Color Adjustment

In the sixth month, make an appointment for additional color adjustment and density. Additional color can optimize issues such as uneven color and less than ideal density that may appear after the first Simulation & Stimulation, making the Simulation & Stimulation effect more perfect.

Color enhancement is an important step to improve the Simulation & Stimulation effect, through professional adjustment, it can make the Simulation & Stimulation effect more aligned with your expectations.

Phase 5: After 30 Days (Maintenance Period)

Folli-Fix (5% Minoxidil)

This is a topical medication specifically designed to promote hair growth. It is highly suitable for those who want to increase hair count or improve hair thickness.

Apply Folli-Fix to the scalp daily according to product instructions (typically twice daily for men, once daily for women: depending on the condition) to help strengthen the results of Simulation & Stimulation and stimulate new hair growth.

Folli-Heal Laser Hair Care Treatment

This is a non-invasive treatment method that uses low-energy lasers to stimulate the scalp, promoting follicle health and hair growth.

You can undergo this treatment periodically to enhance hair growth cycles, reduce hair loss, and improve overall hair appearance and health.

The maintenance period after treatment is extremely important as it helps you consolidate the treatment effects and extend its durability. Folli-Fix works by expanding scalp capillaries, improving blood flow, and providing more oxygen and nutrients to the follicles, thereby promoting hair growth. Consistent long-term use can maintain hair count after Simulation & Stimulation treatment, even increasing hair thickness, making hair appear thicker and more natural. Folli-Heal laser technology uses bio-stimulation action to activate follicle cells, enhancing hair growth cycles, while reducing hair loss. This treatment can also improve hair texture and shine, making hair healthier and more vibrant. Using both in combination can effectively maintain treatment results and improve overall hair quality.



After Simulation & Stimulation: Things To Note During The Care Period



Avoid irritating products

Avoid using strong shampoos and hair care products: Products containing sulfates or other chemicals can irritate the scalp and damage the treatment effects. It is recommended to choose gentle and non-irritating shampoos and conditioners to maintain scalp health.



Avoid high-temperature styling

Avoid frequent coloring, perming or using high-temperature styling tools: These actions can damage hair and follicles, causing hair breakage or dryness, and even affect treatment results. Try to reduce these activities and keep hair in its natural state.



Avoid strong sunlight

Avoid exposure to strong sunlight for extended periods: Ultraviolet radiation can accelerate pigment fading, affecting the durability of the treatment. It is recommended to wear a hat to protect the scalp during outdoor activities.



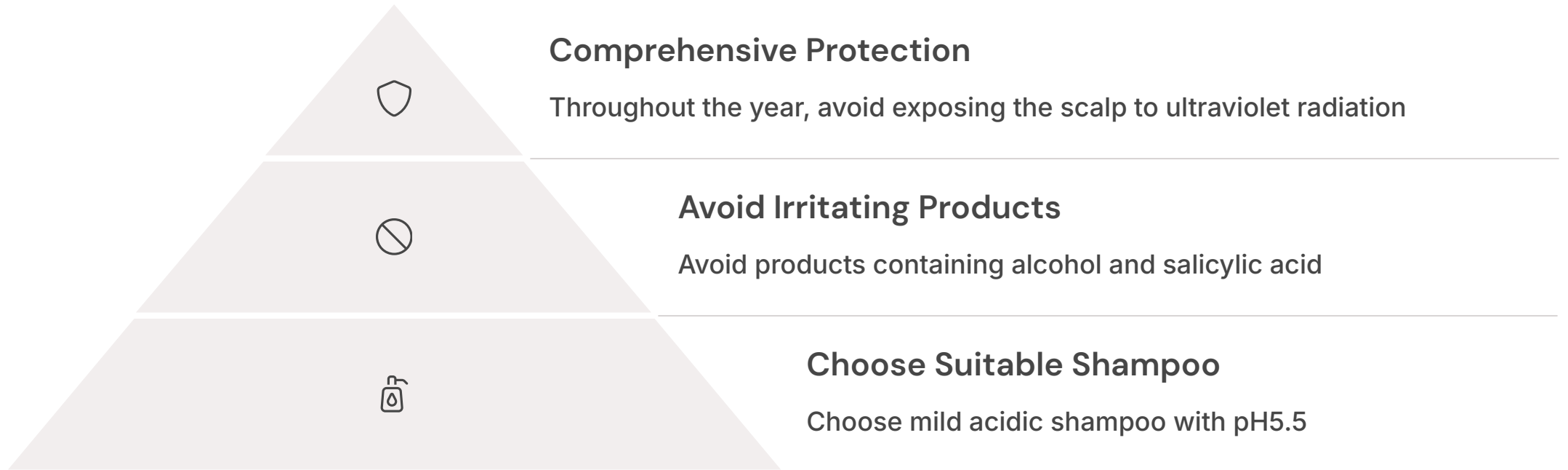
Avoid chemicals

Avoid using hair care products containing too many chemicals: These products may trigger allergies or discomfort on the scalp, it is recommended to choose natural and gentle hair care products to maintain the health of the scalp and hair.

To protect your scalp and hair and extend the treatment results, you need to be careful with the above matters during the care period. Proper care practices can effectively maintain the effects of Simulation & Stimulation, preserve scalp health, and allow you to enjoy the beauty and confidence brought by Simulation & Stimulation for the long term.



After Simulation & Stimulation: Daily Protection



Good daily protection can effectively extend the effects of Simulation & Stimulation, maintain scalp health, and ensure the color of Simulation & Stimulation always looks fresh and natural. Ultraviolet radiation can accelerate pigment decomposition by 50%, causing the color of Simulation & Stimulation to fade and lose its shine. Products containing alcohol and salicylic acid will irritate the scalp, damage the barrier function of the scalp, and affect the results of Simulation & Stimulation. Mild acidic shampoo with pH5.5 is close to the natural pH value of the scalp, can gently cleanse the scalp, and protect a healthy scalp environment. Choosing suitable care products can prevent damage to the scalp and Simulation & Stimulation areas, maintaining the good condition of Simulation & Stimulation.

After Simulation & Stimulation: Dynamic Adjustment

Regular Examination

Male baldness patients need to undergo examinations every 6 months, high male hormone secretion can cause hairline recession, regular examinations allow hairline changes to be detected immediately.

For those experiencing hair loss issues, dynamic adjustment can address hairline changes immediately, maintaining a good appearance.

Repairs when necessary, through additional Simulation & Stimulation, can make the hairline look more natural, with a more harmonious transition with surrounding hair. Avoid image damage and impact on self-confidence due to failure to detect hairline changes and fading of Simulation & Stimulation color promptly. Through dynamic adjustment, you can maintain your best image condition at all times, showing your self-confidence.

Color Addition Cycle

First color addition within 6 months, then every 2-3 years based on the effect of Simulation & Stimulation, over time, pigments will gradually fade, periodic color addition can maintain the perfect Simulation & Stimulation effect.

Periodic color addition ensures the Simulation & Stimulation effect always looks new, fulfilling your beauty aspirations.

After Simulation & Stimulation: Emergency Situations



Recognize Symptoms

Symptoms such as pus,
fever, swelling

Stop Using Products

Immediately stop all
products

Seek Immediate Treatment

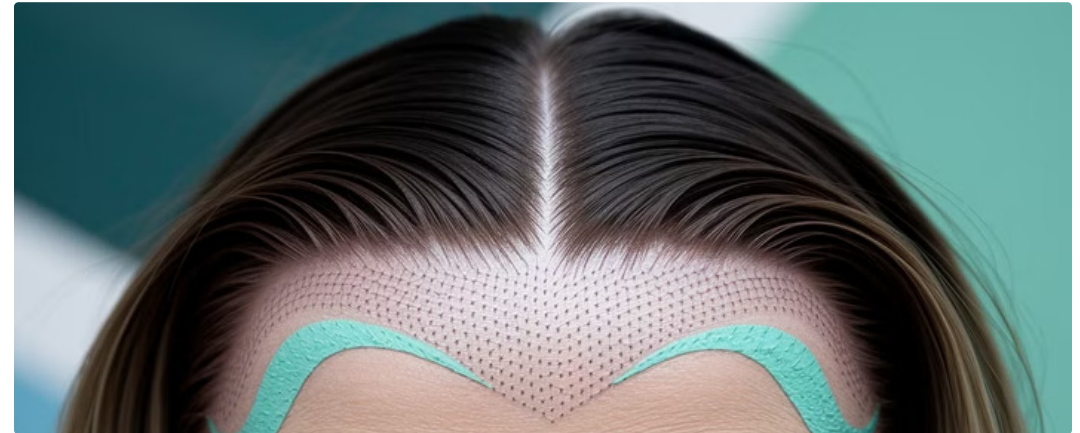
Get treatment within 48
hours

Contact Institution

365-day after-sales service

If there are symptoms such as pus, fever, swelling, stop using all products immediately. These symptoms may be caused by improper self-care or infection issues due to environmental contamination. Addressing emergency situations promptly can prevent problems from worsening, protecting scalp health and body safety. The institution provides after-sales service for 365 days, with priority channels for exceptional situations. You can contact the institution anytime when facing problems, and professional staff will provide guidance and assistance promptly. The institution's after-sales service and priority channels allow you to get support quickly when facing difficulties, reducing anxiety and disruption.

After Simulation & Stimulation: Managing Effect Durability



Through comprehensive precautionary measures before and after Simulation & Stimulation as well as long-term maintenance guidelines, you can achieve satisfying and long-lasting Simulation & Stimulation effects in a safe and comfortable condition, showcasing unique attractiveness. Proper care and periodic maintenance are the keys to maintaining the effects of Simulation & Stimulation for a long period. Following professional advice enables your Simulation & Stimulation to always remain in optimal condition.

Effects of Personal Metabolism on Simulation & Stimulation



Metabolism Rate

People with fast metabolism break down and absorb black factors more quickly, causing Simulation & Stimulation to fade faster, possibly requiring more frequent color touch-ups.



Skin Type

Oily skin produces more sebum, causing pigments to easily detach; while dry skin may cause black factors to spread unevenly due to dryness, affecting the result.



Immune Response

Some people's immune systems consider pigments as foreign substances, accelerating elimination, shortening the duration of Simulation & Stimulation effects.



Hormone Levels

Hormonal changes (such as androgens) can affect scalp health and hair follicle conditions, indirectly altering the effects of Simulation & Stimulation.

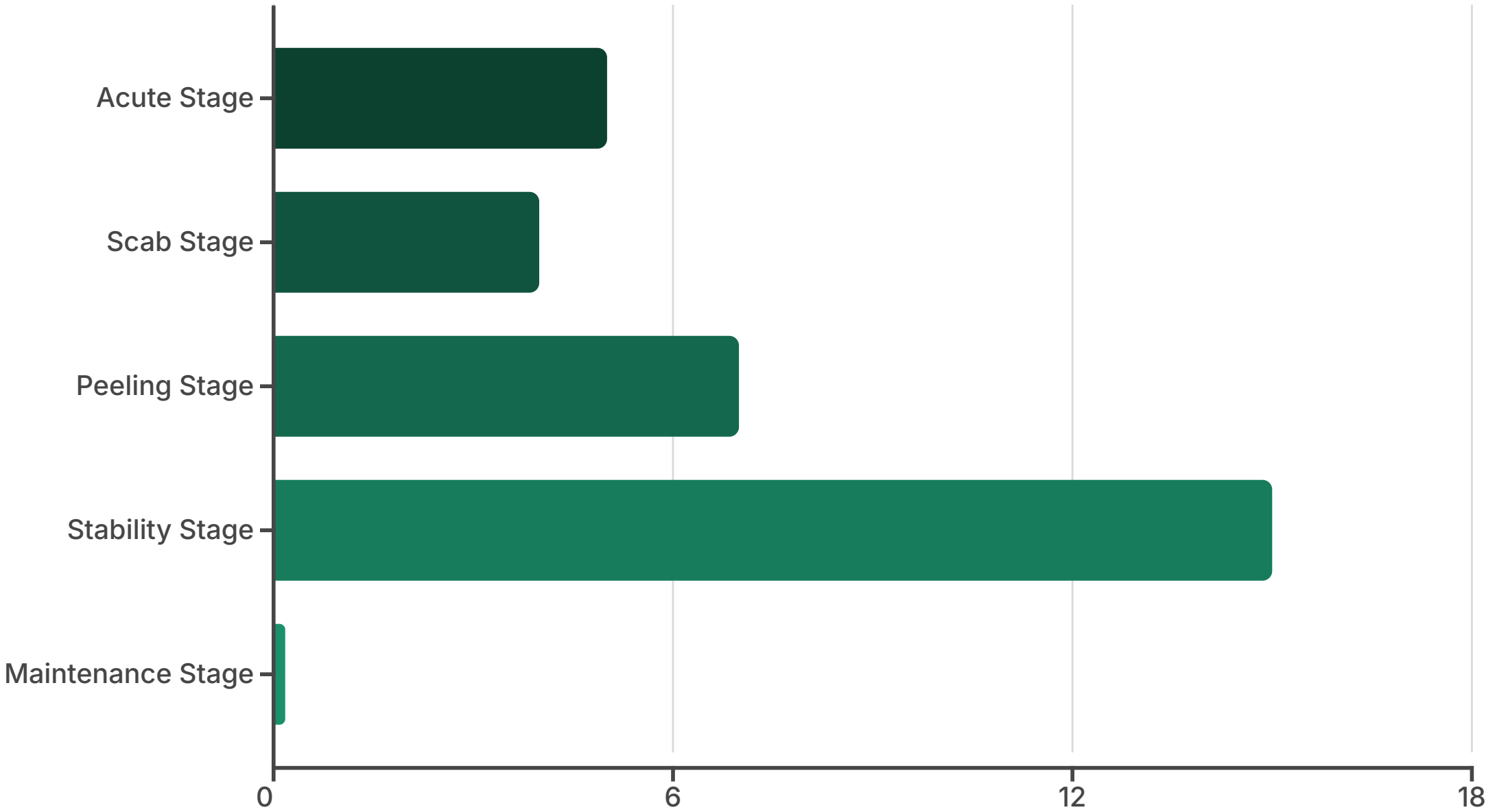


Age Factor

Aging slows down metabolism, pigments may last longer in older people, but may also spread unevenly.

Besides improper care factors that cause different effects, personal metabolism will also significantly influence the appearance and duration of Simulation & Stimulation. Understanding these factors can help you have more realistic expectations about the effects of Simulation & Stimulation, and adjust your care and maintenance plan based on your condition.

Overview of Each Stage After Simulation & Stimulation

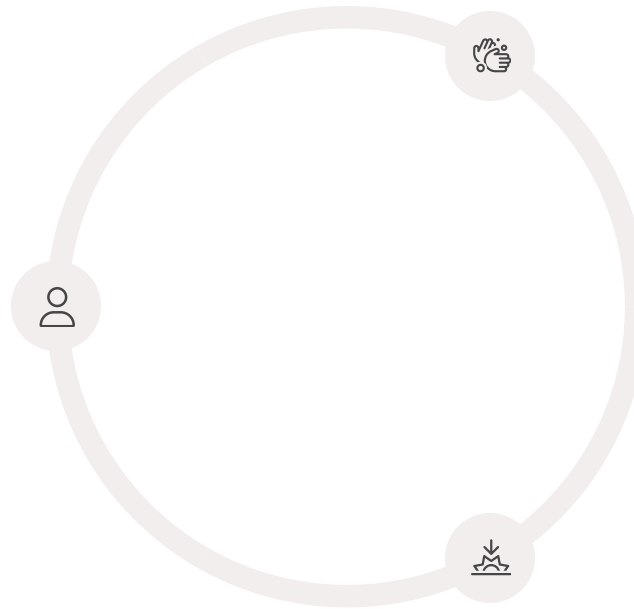


The recovery process after Simulation & Stimulation is divided into several key stages, each with specific care requirements and precautions. The acute stage (0-5 days) requires gentle cleansing and avoiding pressure; Scab stage (4-7 days) requires avoiding scratching the scabs; Peeling stage (8-14 days) begins using special shampoo; Stability stage (15-30 days) color gradually stabilizes; Maintenance stage (after 30 days) requires long-term maintenance. Understanding the characteristics and essential care for each of these stages can help you maintain properly and achieve optimal Simulation & Stimulation effects.

Factors Affecting Simulation & Stimulation Results

Personal Factors

Metabolism rate, skin type, immune response, hormone levels and age will affect the durability and appearance of Simulation & Stimulation results.



Care Factors

The accuracy and consistency of post-procedure care are essential to maintain the effects of Simulation & Stimulation.

Environmental Factors

Exposure to ultraviolet radiation, pollution and extreme temperatures can accelerate the fading of Simulation & Stimulation.

The effects of Simulation & Stimulation are influenced by various factors, including personal physiological characteristics, quality of post-procedure care and environmental conditions. Understanding these factors helps you form more realistic expectations and take specific steps to optimize and extend the effects of Simulation & Stimulation. Choosing our professional institution, Dr. Steven Goh, strictly adhering to care guidelines and periodic maintenance are key to achieving satisfactory long-term results.

Frequently Asked Questions About Simulation & Stimulation



How long can the effects last?

The effects of Simulation & Stimulation typically last for 2-3 years, but are influenced by individual metabolism, care habits and environmental factors. Periodic color enhancement can extend the durability of the effects.



When can I wash my hair?

After Simulation & Stimulation, the first 7 days you can only clean with physiological saline, starting from day 8 you can use special shampoo for cleaning, but avoid rubbing vigorously.



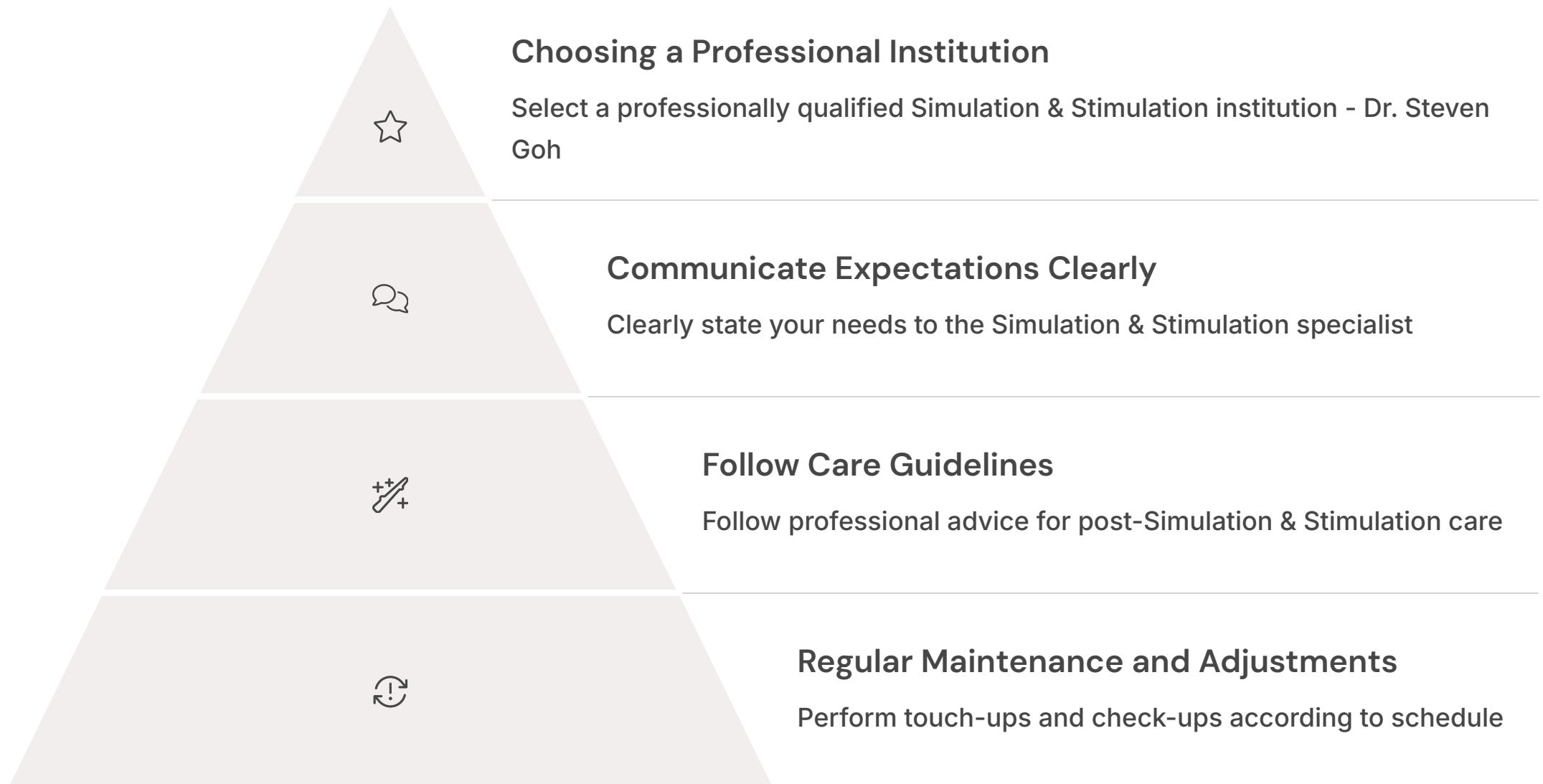
Can I swim?

Avoid swimming for at least 4 weeks after Simulation & Stimulation, as chlorinated water and seawater can affect pigment stability and scalp healing. Afterward, it is recommended to wear a swimming cap for protection while swimming.

Understanding the answers to these frequently asked questions can help you gain a clearer understanding of the Simulation & Stimulation process and follow-up care, reducing unnecessary concerns. If you have other questions, it is advisable to consult directly with Simulation & Stimulation specialist Dr. Steven Goh for professional advice based on your personal circumstances.



Important Elements for Successful Simulation & Stimulation



The key to successful Simulation & Stimulation lies in choosing a professional institution, clear communication of expectations, strict adherence to care guidelines, and regular maintenance. Through precautionary measures before and after the procedure as well as long-term maintenance, you can achieve satisfying and lasting Simulation & Stimulation results in a safe and comfortable manner, while showcasing your unique appeal. Remember, Simulation & Stimulation is not just a one-time beauty procedure, but a long-term process that requires your active involvement. Only through joint effort between you and professional Simulation & Stimulation specialist Dr. Steven Goh can optimal results be achieved.